

THE ONE AND ONLY



CARA SCHULZ

29

MISSOULA, MT

HT: CODY, WY

CONSTRUCTION WORKER / SINGER

SINGLE / NO KIDS

TRIVIA: 14/20

GENRE: ROCK/SOUL/FUNK

INSTRUMENTS: GUITAR/PIANO

 @warponymusic

ABOUT

Cara's lived her entire life so far off-the-grid that she's never even owned a television! A soulful, bluesy, self-proclaimed "Montana Mountain Beast," Cara grew up on a remote farmstead, making music and doing chores with her dad and five brothers. Growing up in a house full of boys gave her all the confidence in the world! There is nothing that intimidates her. A self-described gypsy and serial heartbreaker, Cara and her alter-ego "War Pony" are tough, ruthlessly competitive, and intend to send a few boys home crying when she takes home the cash prize.



THE DETAILS

- ③ Cara's first memories of music are singing on her dad's farm in Wyoming while she fished, shot longbows, and hunted the land with her brothers. Cara and her brothers would be fighting with each other in one moment, then playing music the next.
- ③ She found her soulful sound at an early age from her grandparents, with whom she'd gig around town singing all of the greatest jazz standards.
- ③ As she got older, her music knowledge broadened from jazz to blues, then funk, pop, and even rap! Her appreciation for all styles of music naturally developed as she began teaching herself to play guitar and piano, writing her own music through trial and error. Cara enjoys bringing her Janice-Joplin-like flair to every song she covers!
- ③ Cara currently works in construction helping out the family business. Whether they need someone to fill in, there's Cara with boots on installing concrete.
- ③ She doesn't own a TV and is unfamiliar with reality show formats and pop culture references. It will be interesting to see how she does in the competition! Her strategy to learn music is to put in her headphones and go for a run while listening to a song.
- ③ With albums worth of unrecorded original songs, Cara still dreams of one day recording, touring, and sharing music with the world!
- ③ Cara is passionate about the environment, loves to spend time in nature, and hopes to use her cash prize to build a self-sustaining creative community in Montana.



Casting Note: Auditioned for *American Idol* (2023), not airing.

