

THE ONE AND ONLY



MARIAH DELAGE

28

MILFORD, NH

HT: MILFORD, NH

GARBAGE TRUCK DRIVER

SINGLE / NO KIDS

TRIVIA: 15/20

GENRE: POP

INSTRUMENTS: PIANO

 @mariahdelage

ABOUT

Mariah is a garbage truck driver by day and a singer by night whose passion for music can't be held back by a 9-5. She has a route that covers over 300 homes a day, and she still finds the time to do what she loves the most. After losing her boyfriend to suicide in 2018, things slowed down on the music front for Mariah. However, she's ready to dive headfirst into singing once again as a way to get back some normalcy after a tough grieving period.



THE DETAILS

- ③ Mariah not only works in the recycling business, but the family business. Her father started a recycling company over 30 years ago and built a client list from 2 to over 2,000 through hard work and dedication. Mariah is now a driver and part-time secretary for the company and even bartends on the side. However, her first love was always performing. Known as the wild child of her 5 siblings, Maria would sing around the house at all hours of the day.
- ③ Mariah has faced some tough times, none tougher than the passing of her boyfriend in 2018 from suicide. Mariah had dealt with loss in the past, but none so close that affected her so deeply... and it even impacted her singing. After his passing, she put everything on the back burner just to take a mental health break and grieve his loss. But slowly and surely, she has been putting herself back out there since singing is the one thing that brings her joy regardless of circumstances.
- ③ Mariah's middle name is competition, forged in the high school halls of Milford, New Hampshire. A lifelong athlete, she never went a day without competing for something, especially in her rambunctious household... and it's an attitude that carries over to this day. She has a can-do-anything attitude that Mariah says is her superpower.
- ③ While she has had to overcome many obstacles, Mariah continues to push forward with a smile on her face and an optimistic attitude. She has been compared to Adele and Rihanna, and is ready to show that she belongs in the conversation with those greats on *The One and Only*.

